

## Henry County Elementary Schools

This institution is an equal opportunity provider.  
Menus are subject to change.

# Available Daily

**Breakfast (in blue):**  
Assorted Cereal  
100% Fruit Juice  
Choice of Low Fat Milk

**Lunch:**  
Choice of Low Fat Milk

\*Pork products listed in pink.

School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.25	\$3.50

PLEASE JOIN US FOR OUR



**\*THURSDAY, NOVEMBER 9**

\*Verify date with your school. Some schools may have more than 1 day of the Thanksgiving meal.



## Featured Specials of the Day

**Wednesday, November 1**

Sausage Biscuit, Assorted Cereal,

1.Chicken Drumstick w/ Roll, 2.PBJ/Wow Sandwich w/ Chips, 3. Popcorn Chicken w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

**Thursday, November 2**

Blueberry Pancake Stick, Frosted Breakfast Pastry,

1.Orange Chicken & Rice, 2.PBJ/Wow Sandwich w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

**Friday, November 3**

Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza, 2.PBJ/

Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100%Fruit Juice



## Featured Specials of the Day

**Monday, November 6**

Pancakes & Sausage, Assorted Cereal,

1.BBQ Sandwich, 2.Mini Corn Dogs, Carrot Sticks w/ Ranch, Baked Beans, Pineapple Tidbits

**Tuesday, November 7**

No School, Professional Learning Day

**Wednesday, November 8**

Sausage Biscuit, Assorted Cereal,

1.Grilled Cheese Sandwich 2. PBJ/Wow Sandwich w/ Chips 3.Chicken Nuggets w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

**Thursday, November 9**

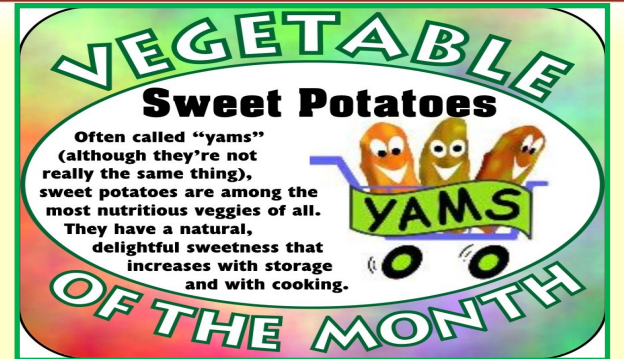
WG Muffin w/ Yogurt, Apple Cinnamon Toast

1.Turkey & Dressing, Roll 2.PBJ/Wow Sandwich w/ Chips, 3. Corn Dog, Green Beans, Sweet Potatoes, Cranberry Sauce, Frozen Juice Cup

**Friday, November 10**

Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza, 2.PBJ/

Wow Sandwich w/ Chips, 3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100%Fruit Juice





## Featured Specials of the Day

**Monday, November 13**

Blueberry Mini Pancakes, Mini Cinnamon Bagels,

1.Crispitos 2.MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks  
w/ Ranch, Pineapple Tidbits

**Tuesday, November 14**

WG Muffin w/ Yogurt, Breakfast Frudel, 1.Cheeseburger,  
2.Deli Turkey Sandwich, 3.Garden Salad w/ Chicken,  
Seasoned Fries, Lettuce & Tomatoes, Sliced Peaches

**Wednesday, November 15**

Sausage Biscuit, Assorted Cereal,

1.Chicken Alfredo w/ Roll, 2.PBJ/Wow Sandwich w/ Chips  
3.Popcorn Chicken w/ Roll, Steamed Broccoli,  
Mashed Potatoes, Fresh Apple

**Thursday, November 16**

Breakfast Pizza, Frosted Breakfast Pastry,

1.Spaghetti w/ Garlic Toast, 2.PBJ/Wow  
Sandwich w/ Chips 3. Chicken Sandwich, Carrot Sticks w/  
Ranch, Green Beans, Frozen Juice Cup

**Friday, November 17**

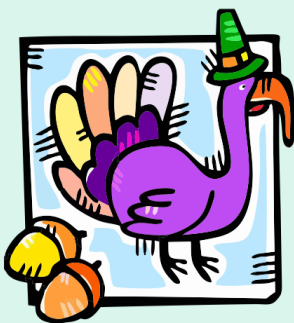
Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza, 2.PBJ/  
Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel Corn,  
Garden Salad w/ Ranch, 100%Fruit Juice

**Introducing: Our New School  
Meal Payment System, Click LINQ  
Below or visit: [linqconnect.com](http://linqconnect.com)**

**LINQ Connect**  
ONLINE PORTAL

**DON'T 4 GET!**  
Take at least **ONE**  
**FRUIT or**  
**VEGGIE**  
and at least **THREE**  
Items total so your meal  
counts as a complete lunch!

## Thanksgiving Break



**No School**

**Nov. 20-  
Nov. 24th,**

**See you  
On Monday!**

## TURKEY TROT.

Thanksgiving dinner can add up to 4500 calories in one sitting! But you don't have to just sit there. If we all made a point to take a vigorous walk (or trot!) before and/or after the big meal, we could offset some of those holiday calories – and enjoy some fresh air, too!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

## Featured Specials of the Day

**Monday, November 27**

Strawberry Mini Pancakes, Breakfast Bun

1.Spicy Chicken Sandwich, 2.Mini Corn Dogs, Potato Tots,  
Baked Beans, Applesauce

**Tuesday, November 28**

WG Muffin w/ Yogurt, Mini Bagels w/ Cream Cheese,

1.Teriyaki Chicken & Rice, 2.PBJ/Wow Sandwich  
w/ Chips, Sweet Peas, Glazed Carrots,  
Fresh Tangerine

**Wednesday, November 29**

Sausage Biscuit, Assorted Cereal,

1.Ravioli w/ Roll 2. PBJ/Wow Sandwich w/ Chips  
3.Chicken Nuggets w/ Roll, Steamed Broccoli,  
Mashed Potatoes, Fresh Apple

**Thursday, November 30**

Mini Pancake Wraps, Frosted Breakfast Pastry,

1.Chicken w/ Mac & Cheese, 2.PBJ/Wow Sandwich w/ Chips,  
Carrot Sticks w/ Ranch, Green Beans  
Frozen Juice Cup

**Friday, December 1**

Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza, 2.PBJ/  
Wow Sandwich w/ Chips, 3. Hot Dog, Whole Kernel Corn,  
Garden Salad w/ Ranch, 100%Fruit Juice

**APPLY ONLINE NOW  
FOR FREE OR REDUCED PRICE  
SCHOOL MEALS!**

**School Meals Rock!**

FOR INSTRUCTIONS VISIT:  
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